

## THE COMFORT ZONE OF TRUTH

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### **ABSTRACT**

*Harshness or bitterness for any situation changes its originality. Whether if it is accepted the way it is with sensibility it creates a beautiful ambience of purity. Being truthful is actually depends on many ways. Diminishment of reality is the reason of fake or unreal world, that might seem fancy or attractive but it actually is not durable. For durability it needs flexibility to accept the thing as the way they are.*

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### **INTRODUCTION**

It's easy and pleasing to manipulate the statement for amusement but, what if it is forced to do so, under the situation. What gives the peace of mind, is the truth, and nothing than the truth, no matter its bitter, harsh or heartrending. Only the truth gives tranquillity of mind, fearlessness and the confidence.

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### **Comfort Zone of Truth**

The Truth is that which we are aware of, but do not yet know. Everybody wants to listen to the truth, but to digest it, is not everybody's cup of tea. The Truth is considered the most powerful element or bond for any kind of relationship. Whereas a lie is the symbol of treachery and deceit. The Truth should be accepted as it is, if not, it readily converts into a lie. Sometimes our questions and criticism about the truth compel us to listen to a lie. Lies are pleasing. One can change them according to the situation and time to make a beautiful statement. As it is generally seen that lies are more palatable in speech than stark the truth.

We should be ready to listen to unalloyed the truth... without a grain of salt. The Truth should not be questioned or judged, it should be accepted directly. If not, it affects the credibility of the teller and the listener both.

The habit of speaking the truth should be cultivated since childhood. If a child is questioned or scolded again and again, then that child will start telling lies to please others or to save his skin.

Some facts or realities, no matter how true they are, are not divulged simply because they are too repugnant. The acceptance of the truth is imperative for its existence and durability. If a person flinches to speak hard bitter truth and tries to make it more palatable by sugarcoating it with flimsy patchwork, it will only generate a fertile ground for fat obnoxious lies.

The Truth has an eternal nature whereas lie is ephemeral and short lived. The Truth walks on its own legs lie borrows artificial crippling legs and collapses in no time.

A Lie can be a savior sometimes; it's a kind of narrow escape when someone wants to get rid of the situation without hurting others.

Lies are very flexible they can be easily moulded by people as per their need or as per need of time. The liars are addicted to tell lies. It actually turns in the way of their daily routine. For them sometimes it becomes their prestige issue. They maintain their status and try to gain more attention with their surroundings by lying. By doing so they roam in their fool's paradise. This vitiates others falling for sham falsehood. Telling lies grows into a habit and after sometime it becomes a severe addiction which cannot be easily got ridden of.

It is always better to keep mum than tell a lie. Telling a lie should be avoided as far as possible. If not, then tell it least possible. By this way only we'll be able to create a world which will be trustful a little more.

## CONCLUSIONS

Truth and nothing but the truth is a hard bargain. Even gods had to use lies to salvage the ultimate truth. It is like walking on the razor's edge. But the lovers of truth would rather risk their life than tread safe way.

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